

Please show up **READY TO RACE AT 3:00pm !!** Bring on the **HURT !!**



***DON'T MISS
MOCK RACE #2***

Sunday November 14, 3:00pm

Coaches : Matt, Myron, Mike

Willow Hill Reservoir Community Parking Lot, From Iron Point Road, Turn on Barnhill, Parking lot is on Barnhill at end of houses. Bathrooms are available. Here is the Link : (222 Barnhill Drive, Folsom, CA) 916-835-4444

http://maps.google.com/maps?f=q&source=s_q&hl=en&geocode=&q=222+Barnhill+Drive,+Folsom,+CA&sl=38.645668,-121.154909&sspn=0.021954,0.038581&ie=UTF8&hq=&hnear=222+Barnhill+Dr,+Folsom,+Sacramento,+California+95630&t=h&z=16