

# YCycle?

presents



Mayisbikemonth.com  
2009

Sacramento Region

# Green

# Fitn Fessn

## Join us on Saturday

# Ride

# May 9th FREE

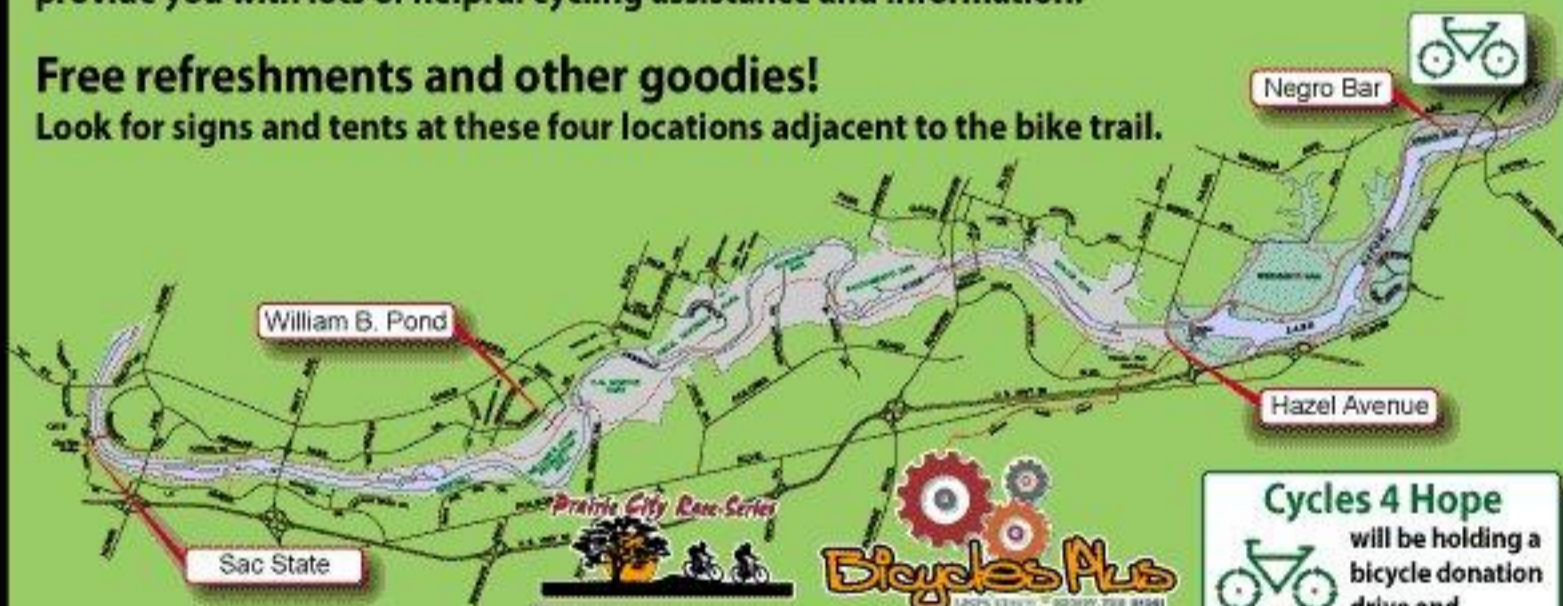
10:00am to 2:00pm

Join us for a FREE ride along the beautiful American River Bike Trail to support cycling education.

Anyone riding out to or on the American River Parkway Bicycle trail can receive FREE food, water and swag. Meet Reps from local bike shops and other cycling enthusiasts who will be on hand to provide you with lots of helpful cycling assistance and information.

Free refreshments and other goodies!

Look for signs and tents at these four locations adjacent to the bike trail.



More information:

[www.Ycycle.org](http://www.Ycycle.org)

TBB THEBIKEBIZ.COM

SMUD  
SACRAMENTO MUNICIPAL UTILITY DISTRICT  
The Power to Do More.

**Cycles 4 Hope**  
will be holding a bicycle donation drive and offering Free basic tune-ups at the Negro Bar location.

Ycycle.org  
Educating to Ride Smarter

Body Concepts  
体

BICYCLE PLANET

Your Writing Dept  
A web writing team, without the web! [YourWritingDept.com](http://YourWritingDept.com)

SACRAMENTO BICYCLE KITCHEN

MAD CAT BICYCLES

KINETIC CYCLES  
AIR BRINK ACTION

STRATEGIC COMMUNICATIONS, INC.

Raley's BEL AIR  
CELEBRATE FOOD • CELEBRATE LIFE

City Bicycle Works  
SACRAMENTO

Nugget MARKETS